

## ARMY CADET SUMMER TRAINING OPPORTUNITIES



### Information for Cadets and their parents

SUMMER 2017

Information accurate at time of printing, but is subject to change

REGIONAL CADET SUPPORT UNIT (CENTRAL)



### GENERAL INFORMATION

Summer training is commonly referred to as summer camp by cadets. The several Cadet Training Centres (CTCs) across Canada offer a variety of exciting and dynamic training courses. Some are located in unique settings such as the Rocky Mountains of Alberta and north of 60° in Whitehorse, Yukon. Others offer specialized training, such as Connaught CTC where the training centre's focal point is advanced training in marksmanship.

Regardless of where a cadet goes for summer training, he or she is certain to have a fun and rewarding summer. Summer training offers, for some, an opportunity to travel internationally while for others it means meeting new people from across Canada while learning.

### COURSES

#### General Training (1<sup>st</sup> Year)



##### General Training Course

This two-week course is intended for cadets 12-13 years of age who have completed their first year of cadet training. It introduces the cadet to life at a CTC with a focus on the opportunities available through Army Cadet Summer Training. Activities include: a field exercise, team-building, air-rifle range, adventure training, tours, recreational sports, swimming, music training, general knowledge and citizenship.

**Prerequisites:** Must be medically and physically fit, and have completed Green Star training by 30 Jun.

**Training Centres:** Blackdown (Borden, ON), or Valcartier QC (French)

#### Basic Training (2<sup>nd</sup> Year)



##### Basic Drill and Ceremonial Course

The aim of this three-week course is to provide cadets with the fundamentals of followership, teamwork and leadership training, building upon what has been taught in Red Star of the Corps level program. This aim will be accomplished by the development of self-confidence, knowledge and skills, and by providing ample opportunity for practical application. By establishing a dynamic learning environment that exposes the cadet to a variety of followership, teamwork and leadership opportunities, this course will inspire the cadets to further pursue leadership training at the Corps and on the Drill & Ceremonial Instructor course.

**Prerequisites:** Must be medically and physically fit, and have completed Red Star training by 30 Jun.

**Training Centres:** Blackdown (Borden, ON), or Valcartier QC (French)



##### Basic Fitness & Sports Course

The aim of this three week course is to provide cadets with the fundamentals of fitness and recreational sports training, building upon what has been experienced at the Corps. This aim will be accomplished through the development of skills and the provision of ample opportunity for practical application. The course will promote the development of ethical sports conduct, sportsmanship and teamwork. By establishing a dynamic learning environment that exposes the cadets to a variety of fitness and recreational sports opportunities, this course will inspire the cadets to further pursue fitness and recreational sports training at the Corps and on the Fitness & Sports Instructor course. The cadets will be provided with the basic theoretical, technical, and practical skills required to assist in the delivery of the Corps fitness and recreational sports training program.

**Prerequisites:** Must be medically fit, have completed Red Star training by 30 Jun, and be motivated to increase personal fitness.

**Training Centres:** Blackdown (Borden, ON), or Valcartier QC (French)



##### Basic Expedition Course

The aim of this three-week course is to provide cadets with the fundamentals of expedition training, building upon what has been taught in Red Star of the Corps program. This aim will be accomplished through the development of knowledge and skills, and the provision of ample opportunity for practical application. By establishing a dynamic learning environment that exposes the cadets to the various aspects of a 5-day Expedition, this course will inspire the cadets to further pursue Expedition training opportunities at the Corps and on the Expedition Instructor Course.

**Prerequisites:** Must be medically fit, have completed Red Star training by 30 Jun, and be motivated to pursue expedition training.

**Training Centres:** Blackdown (Borden, ON), or Valcartier QC (French)



##### Basic Marksman Course

The aim of this three-week course is to provide cadets with the fundamentals air rifle marksmanship, building upon what has been experienced at the Corps. This aim will be accomplished through the development of skills and the provision of ample opportunity for practical application. The course will promote the development of marksmanship competition, sportsmanship and teamwork. By establishing a dynamic learning environment that exposes the cadets to a variety of air rifle marksmanship opportunities, this course will inspire the cadets to further pursue Marksmanship opportunities at the Corps and Air Rifle Marksmanship Instructors Course, or the Fullbore Marksman Phase I Course. The cadets will be provided with the basic theoretical, technical, and practical skills required to assist in the delivery of the Corps marksmanship program.

**Prerequisites:** Must be medically fit, have completed Red Star training by 30 Jun, and be motivated to pursue marksmanship training.

**Training Centres:** Connaught (Ottawa, ON), or Valcartier QC (French)



##### Military Band – Basic Musician Course

The aim of this course is to develop the music proficiency of cadets and prepare them to support their Corps bands and related music activities. As well, they will experience some aspects of Army Cadet training to help them in their future course selections of the Army CTC program.

**Prerequisites:** Must be medically and physically fit, and have completed Red Star training by 30 Jun.

**Training Centre:** Blackdown (Borden, ON)



##### Pipe Band: Basic Musician Course

The aim of this course is to develop the music proficiency of cadets and prepare them to support their Corps Pipe bands and related music activities. As well, they will experience some aspects of Army Cadet training to help them in their future course selections of the Army CTC program.

**Prerequisites:** Must be medically and physically fit, and have completed Red Star training by 30 Jun.

**Training Centre:** Blackdown (Borden, ON)

#### Instructor Training (3<sup>rd</sup> Year)



##### Drill & Ceremonial Instructor Course

The aim of this six-week course is to develop a specialist with the skills and subject matter knowledge required to be an instructor for drill and ceremonial activities. The aim will be accomplished by further developing drill and ceremonial related specialist skills and knowledge that will allow them to perform the duties of a specialist instructor for ceremonial activities. By establishing a dynamic learning environment that exposes the cadets to a variety of drill and ceremonial opportunities, this course will prepare the cadets to assume a specialist parade position at the Corps and CTCs.

**Prerequisites:** Must be medically and physically fit, have completed Silver Star training by 30 Jun.

**Training Centre:** Blackdown (Borden, ON), or Valcartier QC (French)



##### Fitness and Sports Instructor Course

The aim of this six-week course is to develop a specialist with the skills and subject matter knowledge required to perform the role of a fitness and sports instructor and a team leader for fitness and sports activities conducted at the Corps, during regionally directed activities and/or as a staff cadet at a CTC. The aim of the course will be accomplished by providing dynamic and challenging training that includes ample opportunity for practical application. The cadets will learn theoretical and technical skills required to deliver the Corps physical education and recreational training program as specialist instructors. This course will ensure that the cadets are adequately prepared to face challenges at the Corps and as Staff Cadets at the CTCs.

**Prerequisites:** Must be medically fit, have completed Silver Star training by 30 Jun and have achieved the overall fitness incentive level bronze.

**Training Centres:** Blackdown (Borden, ON), or Valcartier QC (French)



##### Expedition Instructor Course

The aim of this six-week course is to develop a specialist with the skills and subject matter knowledge required to be an instructor and team leader for Expedition activities within the Army cadet program. The aim will be accomplished by providing dynamic and challenging training that offers ample opportunity for practical application during a 18-day Expedition. The cadets will learn advanced theoretical and technical skills required to assist in the delivery of Expedition Training at the Corps. This course will ensure the cadets are adequately prepared to face challenges at the Corps and as staff cadets.

**Prerequisites:** Must be medically fit, have completed Silver Star training by 30 Jun and have achieved the overall fitness incentive level bronze.

**Training Centres:** Blackdown (Borden, ON), or Valcartier QC (French), or Whitehorse YK



##### Air Rifle Marksmanship Instructor Course

The aim of this six-week course is to develop individual air rifle marksmanship and summer biathlon specialty skills while reinforcing and further developing the leadership and instructional techniques skills preparing the cadets to support these two specialty activities at the Corps, during regionally directed activities and/or as a staff cadet at a CTC. The cadet will be provided with the necessary theoretical, technical, and practical skills required to monitor and instruct other cadets during marksmanship training at the Corps.

**Prerequisites:** Must be medically fit, have completed Silver Star training by 30 Jun, and be motivated to pursue marksmanship training.

**Training Centres:** Connaught (Ottawa, ON), or Valcartier QC (French)



##### Fullbore Marksman Phase I Course

The aim of this six week course is to develop a specialist with the attitude, skills and subject matter knowledge required to participate in competitive fullbore marksmanship as an individual competitor. The cadet will be provided with the necessary theoretical, technical, and practical skills required to participate as a largebore 5.56mm rifle competitor. The cadet will participate in the Canadian National Cadet Fullbore Championship.

**Prerequisites:** Must be medically fit, have completed Silver Star training by 30 Jun, be motivated to pursue marksmanship training and be selected based on participation on the Basic Marksmanship Course, their standing on the Zone Level of the Canadian Cadet Marksmanship Championship and a postal return of their top 6 air rifle grouping targets.

**Training Centre:** Connaught (Ottawa, ON)



### Military Band – Intermediate Musician Course

The aim of this Course is to raise the cadet’s musical skills to the standard of the next music proficiency level (level 1 or 2). This training is to develop the music proficiency of cadets and prepare them to support their Corps bands and related music activities. During this six-week course, instruction is also given in instrument maintenance & repair and other music-related skills, while the more senior levels also learn some Instructional Techniques relating to music. Note: depending on music proficiency, cadets may undertake this course more than once.

**Prerequisites:** Must be medically and physically fit, have achieved the music proficiency of level Basic and have completed Silver Star training by 30 Jun.

**Training Centre:** Blackdown (Borden, ON)



### Pipe Band – Intermediate Musician Course

The aim of this Course is to raise the cadet’s musical skills to the standard of the next music proficiency level (level 2-3). This training is to develop the music proficiency of cadets and prepare them to support their Corps Pipe bands and related music activities. During this six-week course, instruction is also given in highland traditions, instrument maintenance & repair and other music-related skills, while the more senior levels also learn some Instructional Techniques relating to music. Note: depending on music proficiency, cadets may undertake this course more than once.

**Prerequisites:** Must be medically and physically fit, have achieved the music proficiency of level 1 and have completed Silver Star training by 30 Jun.

**Training Centre:** Blackdown (Borden, ON)

### Advanced Training (4<sup>th</sup> Year+)



### Leadership & Challenge Course

The aim of this six week course is to develop a specialist with the skills and subject matter knowledge required to be an instructor and team leader for Expedition activities within the Army cadet program. The aim will be accomplished by providing dynamic and challenging training that offers ample opportunity for practical application. The cadets will learn advanced theoretical and technical skills required to assist in the delivery of Expedition Training at the Corps. This course will ensure the cadets are adequately prepared to face challenges at the Corps and as staff cadets.

**Prerequisites:** Must be medically and physically fit, have no participation limitations which may preclude them from participating in intense level adventure training activities in remote locations and in high altitudes, have achieved minimum the Bronze Level of the Cadet Fitness Assessment Incentive Level, be motivated to pursue outdoor leadership and adventure training activities, have completed Gold Star training by 30 Jun. Priority will be given to those cadets with a higher ranking in the National Star of Excellence (NSE).

**Training Centre:** Rocky Mountain (Canmore, AB)



### Fullbore Marksman Phase II Course

The aim of this seven-week course is to develop a specialist with the attitude, skills and subject matter knowledge required to participate in competitive fullbore marksmanship as a member of a competitive team. The cadet will be provided with the necessary theoretical, technical, and practical skills required to participate as a largebore 7.62mm rifle competitor. The cadet will participate in the Canadian National Cadet Fullbore Championship, the Ontario Rifle Associations’ Provincial Fullbore Championship and the Dominion of Canada Rifle Associations’ National Fullbore Championship.

**Prerequisites:** Must be medically fit, have completed Gold Star training by 30 Jun 15, be motivated to pursue marksmanship training and be invited to attend based on their standing on the Fullbore Marksman Phase I Course.

**Training Centre:** Connaught (Ottawa, ON)



### Military Band – Advanced Musician Course

The aim of this Course is to raise the cadet’s musical skills to the standard of the next music proficiency level (level 3-5). This training is to develop the music proficiency of cadets and prepare them to support their Corps bands and related music activities. During this six-week course, instruction is also given in instrument maintenance & repair and other music-related skills, while the more senior levels also refine their Instructional Techniques relating to music. Note: depending on music proficiency, cadets may undertake this course more than once.

**Prerequisites:** Must be medically and physically fit, have achieved the music proficiency of level 2, and have completed Gold Star training by 30 Jun.

**Training Centre:** Blackdown (Borden, ON)



### Pipe Band – Advanced Musician Course

The aim of this Course is to raise the cadet’s musical skills to the standard of the next music proficiency level (level 4-5). This training is to develop the music proficiency of cadets and prepare them to support their Corps Pipe bands and related music activities. During this six-week course, instruction is also given in highland traditions, instrument maintenance & repair and other music-related skills, while the more senior levels also refine their Instructional Techniques relating to music. Note: depending on music proficiency, cadets may undertake this course more than once.

**Prerequisites:** Must be medically and physically fit, have achieved the music proficiency of level 3 and have completed Gold Star training by 30 Jun.

**Training Centre:** Blackdown (Borden, ON)

### Senior Exchanges, CAF Parachutist Course & Staff Cadet



### Outward Bound Wales (OBW) / Outward Bound Scotland (OBS) / Maple Leaf Exchange (MLE)

The aim of these six-week exchanges are to introduce cadets to the training in the Army Cadet Force in the United Kingdom in Wales, Scotland and England as well as providing cadets an opportunity to participate in cultural activities and touring.

**Prerequisites:** Must be medically and physically fit, must be 16 by the start of the exchange, have no participation limitations which may preclude them from participating in intense level adventure

training activities in remote locations overseas and in high altitudes, have achieved minimum the Bronze Level of the Cadet Fitness Assessment Incentive Level, be motivated to pursue outdoor leadership and adventure training activities, have completed Gold Star training by 30 Jun. Priority will be given to cadets with a higher ranking in the National Star of Excellence (NSE).

**Training Centres:** Connaught (Ottawa, ON) and the United Kingdom (OBW Wales, OBS Scotland, and MLE England)



### Army Cadet Voyage in History – Battlefield Tour

The aim of these three-week tour is to provide the opportunity for up to 30 senior Army cadets to participate in a battlefield pilgrimage, to stand in the place where our history was shaped. This activity would commence at home where cadets will be required to conduct research in their community to “bring back to life” a Canadian soldier. Cadets would then regroup in Ottawa to continue their research, with the assistance of the War Museum’s historians, prior to undertaking a battlefield tour in Europe.

**Prerequisites:** Must be medically and physically fit, must be 16 by the start of the exchange, have no participation limitations which may preclude them from participating in remote locations overseas, have achieved minimum the Bronze Level of the Cadet Fitness Assessment Incentive Level, have completed Gold Star training by 30 Jun. Priority will be given to those cadets with a higher ranking in the National Star of Excellence (NSE).

**Training Centres:** Connaught (Ottawa, ON) and TBA



### Canadian Forces Basic Parachutist Course

The aim of this five-week course is to develop a specialist with the skills and subject matter knowledge required to be a CAF Basic Paratrooper. The aim will be accomplished by cadet undertaking the Canadian Armed Forces Basic Parachutist Course with the Canadian Forces Advanced Land Warfare Centre.

**Prerequisites:** be certified by a CF medical officer as being physically and mentally fit, must be 16 by 1 July of year of training and shall not have reached the age of 19 during the course, have no participation limitations which may preclude them from participating in intense level physical training activities in remote locations and in high altitudes, have achieved the minimum fitness requisite of 31 sit-ups & 7 chin-ups & a 1600 meter run in under 7:30 minutes, be motivated to pursue Parachute training activities, have completed Gold Star training by 30 Jun. Priority will be given to those cadets with a higher ranking in the National Star of Excellence (NSE).

**Training Centre:** CFB Trenton (ON)



### RCAC National Rifle Team

The aim of this six-week course is to develop a specialist with the attitude, skills and subject matter knowledge required to participate in competitive fullbore marksmanship as a member of a competitive team at the international level. The cadet will be provided with the necessary theoretical, technical, and practical skills required to participate as a largebore 7.62mm rifle competitor. The cadet will participate in the Canadian National Cadet Fullbore Championship, the United Kingdoms International Fullbore Championship in Bisley, England.

**Prerequisites:** Must be medically fit, have completed Gold Star training by 30 Jun, have achieved the Bronze Level of the Cadet Fitness Assessment Incentive Level, be motivated to pursue marksmanship training and be invited to attend based on their standing on the Fullbore Marksman Phase II Course.

**Training Centres:** Connaught (Ottawa, ON) and Bisley, England



### Staff Cadet

Staff cadets are the Non-Commissioned Officers of the Summer Training Centres. A staff cadet can assist the officer staff with the instruction and supervision of cadets, or might be tasked in an administrative or logistical support role. Rank and pay for staff cadets depend upon the position; this is usually determined during a pre-course training and evaluation period.

**Prerequisites:** Must be medically fit, have completed Gold Star training by 30 Jun, be motivated to lead, supervise, and instruct course cadets. **A staff cadet applicant must be at least 16 on 1 January of the year of application.**

**Training Centres:** Connaught (Ottawa, ON), Blackdown (CFB Borden, ON), Whitehorse (Whitehorse, YK), Rocky Mountain (Cochrane, AB), and more.

### COURSE DATES (does not include travel)

Valcartier CTC (French Only)		
two-week	Serial A 4-15 Jul 2017	
three-week		Serial B 26 Jul-13 Aug 2017
six-week	4 Jul – 13 Aug 2017	

Connaught CTC		
three-week	Serial A 10-29 Jul 2017	Serial B 31 Jul-18 Aug 2017
six-week	10 Jul-18 Aug 2017	
FB II	10 Jul-18 Aug 2017 (Tentative)	
RCAC NRT	28 Jun – 12 Aug 2017 (Tentative)	
MLE, OBS, & OBW	6 Jul – 14 Aug 2017 (Tentative)	
Voyage in History	16 Jul – 5 Aug 2017 (Tentative)	

CFB Trenton	
Para Course	3 Jul-29 Jul 2017

Blackdown CTC			
two-week	Serial A 10-21 Jul 2017	Serial B 24-4 Aug 2017	Serial C 7-18 Aug 2017
three-week	Serial A 10-29 Jul 2017	Serial B 31 Jul-18 Aug 2017	
six-week	10 Jul-18 Aug 2017		

Rocky Mountain CTC	
CLC	10 Jul-18 Aug 2017

Whitehorse CTC	
Exp Inst	10 Jul-18 Aug 2017